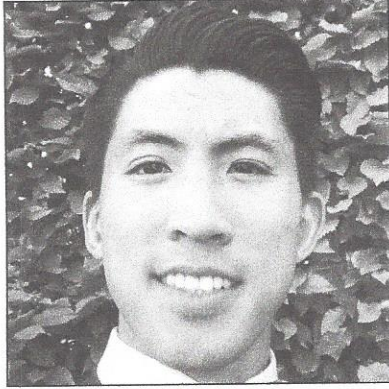


LIFE IS A MIRACLE



Dr. James Huang

I just turned 40, last year, and that in itself is a miracle from day one.

My parents immigrated to the United States from Taiwan in the late 70s. They came as architecture students with hopes of earning a good education to fulfill the American Dream. My mother was pregnant with her second child in 1979. This became a problem because my older brother was extremely hyperactive. Today, he might have been diagnosed with ADHD and put on medication. As a young baby, my older brother would open up all the cabinets in the house and dump all the contents on the floor. My parents would often find him missing outside across the street in our neighbor's yard. Both my parents were working, and with the stress of finances, their current housing situation, and my brother's ADHD behavior, my mother was planning to terminate the pregnancy. Thankfully, by the grace of God, my mom shared her stress with their church, and the pastor's wife convinced my mother to keep the baby, and I was born on November 2, 1979.

“Everyone deserves to live with a higher quality of life.”

Nineteen years later, I became very depressed and physically the weakest I’ve ever been in my life. I had always been very active growing up and had never had any severe injuries other than just a few scrapes and bruises. But during the winter of 1999, I suffered a severe snowboarding injury that dislocated my shoulder, hip, severely sprained my wrist, and gave me peripheral neuropathy. My medical doctor told me I just had to rest and let it heal on its own. I was also given some muscle relaxers and NSAIDS, received a cortisone shot, and did three months of physical therapy, which helped with the pain, but I had no improvement with the neuropathy or regaining strength.

Six months later, I was still very weak, and my muscles atrophied. I was also given a splint to wear over my sprained wrist and told to wear it every waking minute. I became very weak to the point that I could not even lift a pencil. Eventually, I went into a deep depression. I thought to myself, *I guess this is just how life is going to be. I’m just going to have to live with the neuropathy and weakness in my left arm.* I was about to give up on my recovery when a leader at my church noticed my splint and confidently told me he could help me. He happened to be a sports chiropractor. I was ready to try anything, so I made an appointment and was seen later that week. I didn’t know anything about chiropractic care, so I went into the appointment with no expectations. He simply explained that I had compressed joints from my injury, which could lead to neuropathy and decreased function of both my central and peripheral nervous system.

He told me that if he is able to restore normal positioning of my bones, then I would be fine. He had me lay down on this table facedown, and he put his hands on my back, telling me to breathe in and out. As I exhaled, he thrust his hands into my spine. I heard a very loud crack and felt movement in my spine. Soon after, I felt a rush of blood and energy flow through my entire body. He continued to adjust a few more joints, including my shoulder and wrist, and even my hips. I had no idea what he was doing, but it felt great. After he was done treating me, he told me to stop using the wrist splint because I needed to start activating

my wrist muscles. He taught me a few wrist extensor exercises.

I couldn't believe it, but I could feel my arm again and I gained my strength back. It was a miracle! I went back for a follow-up appointment two days later, and I was 100% cured. I continued to have regular chiropractic care about every two weeks for maintenance and made a decision to take care of my overall health. I stopped eating fast food, began learning about health and fitness, and started weight training. My depression was gone, and I had never felt better in my life.

“When the impossible becomes possible, we see miracles.”

Ten years later, I became a Doctor of Chiropractic (DC), and I see miracles daily in my practice. I believe miracles are when the impossible becomes possible. It wasn't always that way. Early in my practice, I had many difficult patients that I was unable to help. I vividly recall one patient who was having unknown debilitating pain down her leg. She was my last patient of the day, and as I was finishing up my examination, she started having a mild seizure on the table! I was freaking out. I was thinking, *what do I do?!* I remembered from school that seizures are usually caused by an electrical imbalance in the brain, so I ended up grabbing a transcutaneous electrical nerve stimulation (TENS) unit and placed it near the back of her neck. To my surprise, the seizure stopped immediately. Since that moment, two things happened: I decided to devote my life to learning everything I could about the body, and I realized the body is electric!

Fascination with Learning

For the next couple of years, I spent countless hours learning everything I could about the body. I read books on nutrition, quantum physics, and energetic healing. I attended at least 2,000 hours of continuing education to learn how to address sports injuries, neurology, and functional medicine. I fell in love with the concept of healing and became almost addicted to healing not only my own body, but those of my patients. By 2015, I had quickly built a reputation of being the doctor that could help most

people with most conditions in my community. Patients would fly in or drive past state lines to see me. This year, I decided to create my own approach and call it the Energy Specific Technique.

The Body is Like a Car

I tell all my patients that the body is like a car. That means that, like a car, there are physical parts that make the body: the muscles, ligaments, joints, tissue, fascia, and bone. A car also has to have fluids: brake and transmission fluid, and oil in the engine. Without the right chemistry, the car won't work. For the body, this is the macronutrients: fats, carbs, and protein, and micronutrients: vitamins and minerals. Lastly, the car has a computer system; that is the brain in the human body, which controls all your muscles and organs and also your ability to taste, see, hear, and smell. In addition to autonomic function, the brain also helps you with balance and coordination and how you control your emotions. So just like a car, if there is no oil in the engine, the car won't run properly. That is the same with the human body. When the body is fully balanced physically, chemically, and mentally, it will function at 100% and healing can occur, and disease will cease to exist. My patients always love to hear this analogy because it makes sense, but they always wonder how. "How are you going to balance out my WHOLE body? How?"

The Body is Electric

As I mentioned earlier, I created my own technique known as the Energy Specific Technique. I've realized that everything is energy, which can be quantified through electricity. After reading *The Body Electric* by Robert O. Becker, I learned that the body is electric and is positively and negatively charged. This means there is a polarity to the body just like the Earth. With this knowledge, you can test the body's electrical field, also known as a biofield or the morphogenic field. From the work of Dr. Springbob, I learned the biofield is an expression of health; the larger the field; the better expression of health. I've found in practice that this field can be anywhere from one inch to eight feet away from the

body. In each visit, my main goal is to increase the energetic field as much as possible. This can be done through specific balancing of the body physically, chemically, and mentally.

I'm sure you're wondering what miracle stories I've seen in the clinic using my technique and what that actually looks like clinically. I have had a wide variety of miracle stories over the last 10 years and I'll share seven of them with you.

CASE I: CANCER PATIENT

An 80-year-old female patient presented with thyroid cancer and a tumor around the carotid artery on the right side of her neck since 2018. Symptoms included chronic sinus pain, fatigue, gas, bloating, and diarrhea. Findings revealed weakness of the muscles on the right side. Through muscle testing, we found a sympathetic response over the spleen, thymus, and upper teeth. Her biofield measured about 11 inches from her body. Through the Energy Specific Technique, I determined that she was having a poor flow of electricity around her mouth due to her upper metal dentures. I referred her to a holistic dentist in Berkeley—Dr. Hites, and he replaced the metal dentures with non-metal ones. After getting treated once a month for five months, she reported her tumor had reduced 75%, and all of her original symptoms have gone away.

CASE II: FROZEN SHOULDER

A 55-year-old male presented to the clinic with frozen shoulder on the left side with no history of trauma. The patient recalled waking up with the inability to move the shoulder more than 90 degrees and pain with abduction at a 9/10. Through muscle testing and the Energy Specific Technique, it was determined the patient was sensitive to wireless radiation. After about a month of treatment with this protocol, I was able to restore the shoulder to full range of motion and the patient was pain-free.

CASE III: PHANTOM PAIN

A 30-year-old female nurse presented to the office with

phantom pain down her left leg with moderate pain of 8/10. She was unable to walk or sleep without pain. She was seen by orthopedists, MDs, and had X-rays, blood tests, and MRIs. All tests resulted in normal findings. She even was treated by multiple chiropractors. One main finding during diagnosis was the inability for her to fire multiple muscles at a time and activate her default mode network. After one treatment, 80% of her symptoms were resolved and after the second visit, she was 100% better.

CASE IV: ALCOHOL ALLERGY

A 37-year-old male suffered for five years from an allergic reaction to alcohol, which would cause a skin rash all over his body. He had seen many medical specialists and all labs tested normal. I found there was an emotional component related to the allergic reaction. Through the energy specific protocols, we were able to reset the limbic system and bring his body back to a parasympathetic state. The patient later stated that he drank some alcohol at a bachelor party and had no response to it and was completely symptom-free.

CASE V: NEVERENDING HEADACHES

A 9-year-old female suffered for two years with chronic headaches, projectile vomiting, and severe sensitivity to barley. She would get headaches 6 to 7 days a week that would last for 4 to 5 hours a day. The patient presented with extreme muscle weakness in all her limbs and was exacerbated when near any Bluetooth activated device. After a year of treatment she has had zero headaches and is no longer allergic to barley. In addition, all her limbs are functional, and all muscle weakness has subsided. Her well-being is no longer exacerbated by Bluetooth technology.

CASE VI: FLU SYMPTOMS, ALLERGIES, AND DIFFICULTY BREATHING

A 40-year-old female presented with flu-like symptoms: fever, fatigue, sore throat, dry cough, nausea, headaches, and difficulty

breathing for two months with no improvement. She also presented with itchy eyes and a runny nose, which she claimed was from seasonal allergies that she dealt with for years. After two visits all flu-like symptoms were resolved, but allergy symptoms still remained. After five weeks of treatments all of her symptoms resolved, and she is able to enjoy the outdoors without any issues.

CASE VII: SNORING, SLEEP APNEA, AND JAW PAIN

A 30-year-old male musician presented with headaches, high blood pressure, anxiety, anemia, extreme jaw pain, sleep apnea, and snoring. History of trauma to the jaw from a car accident made it very difficult for the patient to breathe through his nose. This patient also was known to snore and have sleep apnea for three years. He had seen many TMJ specialists with no results and had constant pain of 8/10 in his jaw and 5/10 in his neck. I used a combination of the Nasal Specific Technique and the Energy Specific Technique to restore function back to this patient. After only six treatments over the course of three months this patient has fully recovered from all of his symptoms, and his pain levels went down to a 1/10 for both the jaw and the neck.

What I've learned over the last ten years is this:

Miracles don't have to be difficult, just possible.

About the Author

Dr. James Huang

Dr. Huang has trained in many chiropractic techniques (Zone Technique, Applied Kinesiology, Neuro Emotional Technique, Cranial Facial Release, SOT, and other modalities). As a young practitioner, Dr. Huang found it very difficult to apply all these techniques on a patient during a visit. So after years of practice, he has come up with his own protocol system, the Energy Specific Technique, that has been able to address the whole body in a very fast and effective way. He gets between 50% – 70% improvement of the patient's symptoms after the first visit. His protocols have been very effective in treating patients with vertigo, concussions, headaches, sciatica, herniated discs, frozen

shoulder, carpal tunnel, and even the common flu. Dr. Huang specializes in relieving headaches, migraines, TMJ, sciatica, sports injuries, carpal tunnel, and nerve pain.

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